

Year 2 Fruit Smoothies

As a part of their topic about 'Ourselves' the Year 2 classes designed, made and evaluated some healthy fruit smoothies.

They had a tasting session, trying all sorts of different fruits, and decided which ones to use in their group smoothies.

They all helped to prepare the fruit and it was great fun watching the fruit, juice and ice-cubes whizz around in the blenders.



It was a good job they made sure the lids were on tightly!

Of course the best part was tasting the smoothies. Most of the children loved their smoothies. Some were not sure, but everyone had a taste and they talked about how they could try different fruit next time.

