

Healthy Schools at Pondhu School

Our school was re-accredited as a Healthy School in 2015. Following a very successful audit, we were praised for our exemplary work, especially in the area of emotional well-being. Children from our school were invited to give a presentation at the Healthy Schools Conference, where they spoke with confidence and enthusiasm about all the different aspects of being a healthy school. These included how we use our fantastic outdoor learning spaces, the wide range of after school activities offered and ways we try to stay happy and healthy.

We have identified 'Healthy Eating' as a priority for development in our school. To this purpose we have planned a range of projects for the coming year.

We have already held 'Healthy Packed Lunch' workshops for our Key Stage 2 classes, which were followed up with presentations at the Parent's Forum meetings. There will be more courses offered to parents and carers this year.

Links with outside agencies, such as 'Farm to Fork' and 'Jamie's Kitchen Garden' have been forged and activities have been planned to take place over the coming year. We hope to become a 'Healthy Schools Plus' at the end of this academic year.

Subject Co-ordinators: Carole Carter (Class teacher) and Sarah Bailey (HLTA)

Link governor: Martin Mayo