

Spring/Summer
2018

Food Super Heroes Menu

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£418.00*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

We are proud
to have our own
team of registered
nutritionists.

Lovingly prepared,
tasty and nutritious
school meals.

If you would like to know more about our school meals, contact Di Thomas
- Tel: 01872 540544, e-mail: diana.thomas@compass-group.co.uk

Chartwells
EAT LEARN LIVE

Week one

16/04 07/05 04/06 25/06 16/07 03/09 24/09 15/10

Choose a main meal...

Mozzarella & Tomato Pizza with Pasta Salad v
Mediterranean Summer Beans with Rice v

on the side...

Crunchy Salad
Peas

for dessert...

Wedges of Melons and Orange

Monday

Choose a main meal...

Chicken Mayo Burger with Jacket Wedges
Vegetable Biryani v

on the side...

House Coleslaw
Sweetcorn

for dessert...

Mini Chocolate Brownie with Banana & Custard

Tuesday

Choose a main meal...

Roast Garmmon with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy v

on the side...

Seasonal Cabbage
Carrots

for dessert...

Blueberry Fro Yoghurt

Wednesday

Choose a main meal...

Beef Chilli with Rice
Macaroni, Sweetcorn & Cheese Bake v

on the side...

Broccoli
Cauliflower
for dessert...

Berry Flapjack

Thursday

Choose a main meal...

Crispy Fish & Chips
Veggie Hot Dog with Chips v

on the side...

Baked Beans
Peas

for dessert...

Orange Shortbread with Yoghurt Dipper

Friday

23/04 14/05 11/06 02/07 23/07 10/09 01/10 22/10

Choose a main meal...

Mac 'N' Cheese v
Vegetarian Moussaka v

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

Week two

23/04 14/05 11/06 02/07 23/07 10/09 01/10 22/10

Choose a main meal...

Mac 'N' Cheese v
Vegetarian Moussaka v

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

Week three

30/04 21/05 18/06 09/07 17/09 08/10

Choose a main meal...

Cheesy Pizza Bianca with Jacket Wedges v
Vegetarian Bolognaise v

on the side...

Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

£2.20

Choose a main meal...

Creamy Chicken Curry with Rice
Quorn Frankfurter Pasta Bake v

on the side...

Broccoli
Carrots

for dessert...

Peach Crumble with Custard

Choose a main meal...

Roast Beef with Roast Potatoes & Gravy
Country Vegetable Pie with Roast Potatoes & Gravy v

on the side...

Seasonal Cabbage
Sweetcorn
for dessert...

Wedges of Pear, Apples & Orange

Choose a main meal...

Beef Pasta Bolognaise
Mild Potato & Chickpea Curry with Rice v

on the side...

Green Beans
Mediterranean Vegetables
for dessert...

Chocolate & Gingerbread Bite

Choose a main meal...

Crispy Salmon Fillet with Chips
Crispy Battered Fish with Chips
Bean & Pepper Fajita with Chips v

on the side...

Baked Beans
Peas
for dessert...

Strawberry Ice Cream

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us. Our special diets menu can be provided following documentation from a medical professional. Jacket Potatoes with assorted toppings, fruit and yoghurt available daily.

change 4life



WE SUPPORT

BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

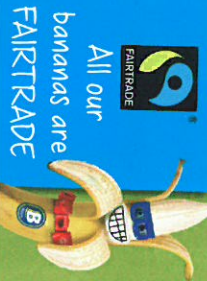


FARM TO FORK

We can trace every cut of meat back to the farms of origin

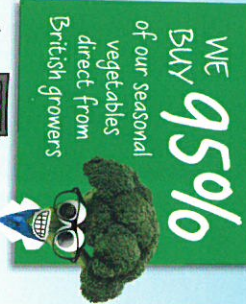
ALL OUR BREAD IS

FRESHLY BAKED EVERY DAY



REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

FRESH SALAD IS AVAILABLE ON A DAILY BASIS



All our milk is Red Tractor approved

